



## Agenda

- Health & Wellness
- Functional F&B Stats
- Functional Beverages
- H20+ Makes A Splash
- Digestive Health
- Alcoholic Beverages
- Snacks With Benefits
- Key Takeaways











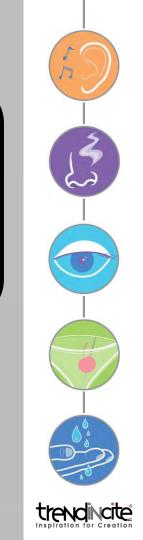


### Health & Wellness

Of a 7,500 respondent survey in six countries, McKinsey found 79% of respondents said wellness is important, and 42% consider it a top priority

ReportLinker research estimates the global market for health and wellness foods to be worth \$764 billion with a CAGR of 4.8% between 2020-2027

According to the Food Industry Association's 2021 *Power of Produce* report, during the pandemic, **44**% of grocery shoppers say they are putting more effort into **healthful eating** and **71**% of grocery shoppers say **nutrition and health** is a primary or important reason for purchasing fruits and vegetables.



## Functional Food & Beverage

Mintel found nearly 70% of consumers currently use products that feature a functional benefit, and 40% use products with three or more functionalities

Functional food and beverage sales increased 9.4% to \$78 billion last year, according to New Hope Network

59% of U.S. consumers are seeking out functional beverages, but will not repurchase if the taste is off, according to The Hartman Group

According to Kerry's 13,000 people study across 16 countries, 42% said they had increased their purchases of functional or fortified foods and beverages since the pandemic











#### Immune Health

One in three (33%) consumers said they would be interested in purchasing fruit and vegetable juices if they contained ingredients that promoted immune support

Other categories seen as a good fit for immune health benefits include spoonable yogurt (31%), dairy-based drinks (28%) and hot beverages (24%), according to Kerry

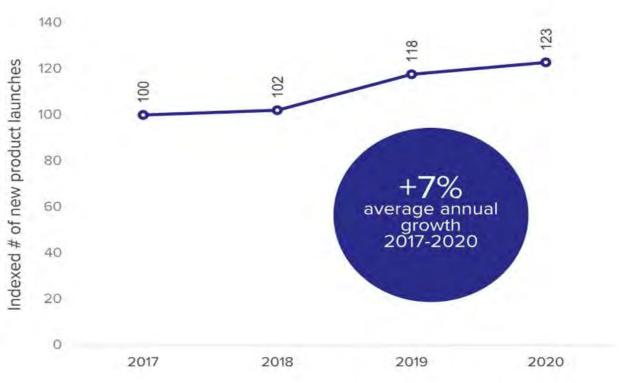
Between 2016 and 2019, juice with an immunity claim grew 9%, 43% in flavored bottled waters, and 32% in energy drinks, according to Innova **Market** Insights



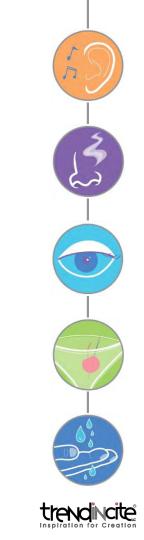


#### Steady rise in launch activity featuring citrus flavors

Indexed number of food and beverage launches tracked with citrus flavors (Global, Index 2017=100)



Source: Innova Market Insights



# Immunity + Citrus

87% of U.S. consumers are interested in products with immune boosting ingredients, and 78% of those consumers are interested in vitamin C, according to FMCG Gurus

"Health-signaling flavors and ingredients like citrus have benefited from this focus on immunity."

citrus flavors are trending, accounting for 25% of global soft drinks launches in 2020, according to Innova Market Insights

According to Mintel, immunity claims in citrus flavored new beverage launches have increased 3% from the previous five years













# **Functional Beverages**























# H20+ Makes A Splash





























### Digestive Health - Pre & Probiotics

Soft drinks with prebiotics health claims saw an average annual growth of **+34**% (Global, CAGR 2016-2020), according to Innova Market **Insights** 

























# Alcoholic Beverages

















### **Snacks With Benefits**











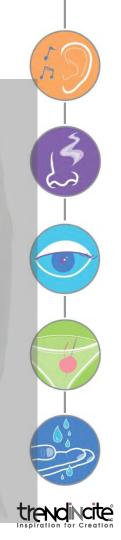








43% of U.S. adults said that staying healthy and living longer was a top wellness goal they wanted to achieve with their food and beverage choices, according to The NPD Group



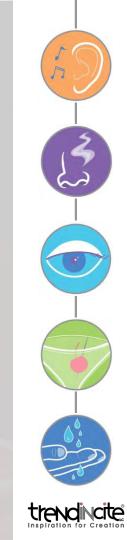
## **Key Takeaways**

#### Overarching Theme Health & Wellness

- Functional Beverages
  - Juice
  - H20
  - Tea
  - Coffee
  - Low/No Alcohol

#### **Benefits**

- Immune Health
- Digestive Health
- Energy
- Calming/Relaxing
- Recovery





# thank you!

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